

CODE BLUE #: _____

EXAMPLE PREMEDICATION REGIMENS

Methylprednisolone 32 mg PO 12, 2 hrs prior +/-
Benadryl 50 mg PO 1 hr prior.

OR

Prednisone 50 mg PO 13, 7, 1 hours prior
+/- Benadryl 50 mg PO 1 hr prior.

OR

Hydrocortisone 200 mg IV 5 hrs and 1 hr prior and
Benadryl 50 mg IV 1 hr prior.
(urgent, NPO only, ER, inpatient)

CONTRAST EXTRAVASATION

Elevate arm, cool compress, remove rings. Observe.
Consider surgical consultation for decreased
perfusion, sensation, strength, active range of
motion, or increasing pain.

**Document reaction & monitor for return
of reaction post-treatment**

HIVES/DIFFUSE ERYTHEMA

1. Observation; monitor vitals q 15 min. Preserve IV access
2. If associated with hypotension or respiratory distress then considered **Anaphylaxis**:
 - O2 6-10 L/min by face mask
 - IVF 0.9% NS wide open; elevate legs > 60°
 - Epinephrine 0.3 cc of 1:1000 IM (or auto-injector) OR Epi 1 cc of 1:10,000 IV with slow flush or IV fluids
 - Call 911 or **CODE BLUE**
3. If *ONLY* skin findings but severe or progressive may consider Benadryl 50 mg PO, IM, IV but may cause or worsen hypotension

HYPOTENSION WITH TACHYCARDIA

1. Preserve IV access, monitor vitals q 15m
2. O₂ 6-10 L/min by face mask
3. Elevate legs > 60 degrees
4. IVF 0.9% NS wide open
5. Epinephrine 0.3 cc of 1:1000 IM (or auto-injector) OR Epi 1 cc of 1:10,000 IV with slow flush or IV fluids
6. Call 911 or CODE BLUE

HYPOTENSION WITH BRADYCARDIA

1. Preserve IV access; monitor vitals
2. O₂ 6-10 L/min by face mask
3. Elevate legs > 60 degrees
4. IVF 0.9% NS wide open
5. Atropine 0.6-1.0 mg IV if refractory

LARYNGEAL EDEMA (INSPIRATORY STRIDOR)

1. Preserve IV access, monitor vitals
2. O₂ 6-10 L/min by face mask
3. Epinephrine 0.3 cc of 1:1000 IM (or auto-injector) OR Epi 1 cc of 1:10,000 IV with slow flush or IV fluids
4. Call 911 or CODE BLUE

BRONCHOSPASM (EXPIRATORY WHEEZES)

1. Preserve IV access, monitor vitals
2. O₂ 6-10 L/min by face mask
3. B₂ agonist inhaler 2 puffs; repeat x 3
4. If not responding or severe, then use Epinephrine 0.3 cc of 1:1000 IM (or auto-injector) OR Epi 1 cc of 1:10,000 IV with slow flush or IV fluids
5. Call 911 or CODE BLUE

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